

COM-FSM Student Body Association Report to the President September 6, 2019, Board Meeting Colonia, Yap, FM

National Campus Updates:

On May 6, 2019, National Campus held its First Annual Student Organizations Award Ceremony to recognize the hard work and dedication put in by the Student Body Association (SBA) officers, Student Council officers and the advisors who guide and support the organizations. This event was meant to show appreciation and gratitude to the active organizations and their contributions to the COM-FSM community and beyond. Awards were given for the following categories:

- SBA Officers who successfully completed their terms in office
- Student Organization of the Year
- New Student Organization of the Year
- President of the Year
- Vice President of the Year
- Treasurer of the Year
- Secretary of the Year
- Advisor of the Year

During the summer term, National Campus held its first Summer Wellness Project in an attempt to address the overall wellness of our students, specifically in the Residence Halls, who have indicated feelings of depression, anxiety, body aches, and a lack of motivation. The objective of the Project was to provide activities to engage students' physical, mental, emotional and social wellbeing. The 6-week Project combined activities such as yoga, meditation, community fun walks/runs, swimming, strength training, movie nights focused on health & wellness and applicable educational sessions on nutrition. This Project was in collaboration with the Director of ISLET in an attempt to increase the faculty and staff involvement with our students.

- 84% of participants felt that their mental, physical, emotional and social wellbeing improved as a result of their participation in the Summer Wellness Project.
- 92% of participants looked forward to the weekly activities offered.
- 92% of participants wish to have the Project continued in fall semester
- 77% of participants felt the Project promoted student, faculty and staff interactions.

Student Take-Away: "I hope this kind of program will be held in every semester. I found it helpful while I stay in the dorm. This allowed for me to spend the day somewhere else rather than sleeping or on the internet. I am looking forward to later activities."

“I really enjoyed the Summer Wellness Project. I am looking forward to this kind of thing every semester. It really helped me attend my classes every day without being lazy.”

“Thank you for the Summer Wellness Project, I really enjoyed it. It really helped me a lot and I learned from it so please keep it going.”

Career & Technical Education Center (CTEC)/National Campus Collaborative Updates:

During the months of May through August, a variety of events were held in conjunction with National Campus and CTEC. Below are some of the major highlights, as identified by the students:

- Selected students from CTEC and National Campuses participated in an overnight Peer Coach Training, aimed at developing leadership skills and preparing them for their roles as student mentors. A variety of activities, discussions, workshops and presentations were held on leadership, mentoring, Title IX, as well as health and nutrition.
- For the first time in known College history, the Peer Coach student leaders were invited to attend and actively participate in the annual Presidential Summit, which took place at National Campus on Monday, August 5, 2019. The Peer Coaches were able to actively collaborate with the faculty and staff from both campuses in identifying obstacles and barriers to the success of our students and our college and what action steps we can take to overcome said obstacles.
- Peer Coaches played an active role during the August 6, 2019, new student orientation and in facilitating the morning registration process for new students. Additionally, the Peer Coaches created a skit for the new students based upon their own experiences with first day anxieties and acclimating to a new environment. They finished the day with a detailed tour of National Campus for all the students.

Chuuk Campus Updates:

During the summer semester, two major events were held at Chuuk Campus. Both events were meant to promote engagement and build a sense of community among all students, faculty members and staff.

- Chuuk Campus Student Body Association Summer Extravaganza was held on July 24, 2019, at the Student Center. Approximately 91 people (85 students and 6 faculty/staff) participated in the event. The primary focus of the Summer Extravaganza was to promote student, faculty and staff interactions to improve comfortability and awareness for students while attending COM-FSM Chuuk Campus. The event included speeches provided by students and advisors, in addition to a live band and activities followed by a celebratory luncheon. Overall, the Summer 2019 Extravaganza turned out to be a successful event, which fulfilled the intention to pave the way for future academic success.
- The registered student organization Northern Namoneas Regional Organization Fellowship held its farewell event on July 25, 2019, at the Student Center with

approximately 58 people (54 students and 4 faculty/ staff) in attendance. The advisors for the organization provided mentorship and guidance to the members and encouraged all to understand the value of their education at COM-FSM. The activity was successful in that it met its main objectives.

Kosrae Campus Updates:

During the summer semester, Kosrae Campus held one major event detailed below:

- All interested students, faculty and staff were invited to join the overnight SBA Wellness Retreat to Walung Village on Friday, May 10, 2019 – Saturday, May 11, 2019. In total there were 92 participants (84 students and 8 faculty/staff). The event partnered with the village youth groups and the State Behavioral Health which provided stress relief sessions and a Sexually Transmitted Infections (STIs) prevention presentation, to create a well-rounded successful event for all. Through this activity the participants were able to achieve Community College Survey of Student Engagement (CCSSE) Benchmark #1 and ISLO #5. According to the students, they very much enjoyed the trip and stated that they had a good time with all who actively participated in the event.

Yap Campus Updates:

Students at Yap Campus had a Student Award Day on May 13, 2019, to recognize and award students who succeeded academically. This event had 75 participants (61 students and 14 faculty/staff) in attendance. The objectives of this event was to promote positive behaviors and habits among students, as well as encourage student, faculty and staff interactions.

FSM-FMI Updates:

The cadets took part in an STIs awareness and prevention pre-shipboard training in collaboration with the Public Health Services STI program. There were a total of seven participants (6 students and 1 staff member) in the training.

SBA Elections

Moving forward, the Office of Student Life is preparing for the upcoming election of our Student Body Association Officers across all campuses. Elections for this year will be held within the first two weeks of classes, with all results announced by August 30, 2019. From those elected, one student officer from Yap, FSM-FMI, Chuuk and Kosrae will be selected to attend the 2019 COM-FSM SBA Leadership Retreat, tentatively scheduled to be held in Pohnpei from September 14-21, 2019.